Burnt Sienna

My mother texts my brother and I

Today is the four year anniversary
of my mother's passing

My throat knows this already.
How could it not? Woke up wanting a fifth of vodka despite being mostly sober for three years went to bed with migraine unmoving, unable to start my day, seeing her burnt sienna face with those bug eye glasses from the 80s on facebook. I need no more reminders that I have nothing left that I have no reason to return to Boston now that I regret not going to Boston again that summer

I

lost a job

stumbling over simple, slurred words unprepared for the classes of children in my care

lost myself

to the liquid golden ticket poorly hidden in TV cabinet

lost my grandmother

to internal parasite & broken dendrite chomping away at bits I never reached

lost my mother

to this life, this weekly medicine pill box taken over the past twenty six years to literal broken heart

why she celebrates things that should only be remembered the scatter-gun of caretaker ways and suppressed squeal of lost years is beyond me