



---

# Empress J (Erica “Empress” Jalloh)

## Entertainer

Mt. Rainier, MD  
202-294-8045

## Music

### **Empress J Music** - *International Caribbean/American Artist*

- Writes and records Soca music for international distribution
- Performs Nationally and Internationally original Soca music
- Performs in Barbados for CropOver Festival
- Performs in various Caribbean and Cultural In the DC Metro Area
- Performs in various Caribbean and Cultural In the NY Tristate Area
- Performs throughout the US for various Caribbean and Cultural events/festivals
- Performs In Trinidad during Caribbean Carnival Season

### **AfriCaribbean Music & Arts Festival** - *CEO/Founder*

- Organize and implement preliminary events leading up to the international festival
- Organize and produce an international festival featuring Caribbean Music in an African country.
- Oversees the facilitation of events, projects and funding seeking for the successful production of and International music and arts festival

### **Empress J Entertainment** - *CEO*

- Provides dance, theatrical, film and music services for private and corporate events.
- Refers other entertainment vendors and performers for events private and corporate.
- Provides media coverage for various Caribbean Events/Festivals both Nationally and Internationally.



---

## Theatre/Film/Acting

### Healing Out Loud Theatre and TV Productions - *CEO/Founder*

Provides Stage and Film productions that provoke and challenge societal issues with positive body, racial injustice, domestic violence and cultural understanding.

- Lead Role Appearance “For My Man” TV One: Actor
- Special Ed Web Series: Writer/Producer/Actor
- “A Coward's Dream” movie: Actor
- “Watermelons In My Back Pocket” One Woman Show: Actor/Writer/Producer
- “The Ass Chronicles” Stage Play: Actor/Writer/Producer
- “Special Ed” Stage Play: Actor/Writer/Producer
- “A Day In My Shoes” Industrial Customer Service Training Video Prince George's County Social Services: Actor/Writer/Producer

## Dance

### Island Fete Fitness - *Founder CEO*

- Founded and Manages performance dance company Island Fete Dancers for performances both Nationally and Internationally.
- Provides dance services for private and corporate events.
- Provides dancers for performances of musical artist
- Created and provides Dance Fitness Instruction/Instructors celebrating the culture of the Caribbean Diaspora that is inclusive for all levels, ages and disabilities

## Formal Education

### **MAT, Special Education Trinity College**

BA, Elementary Education