

# STACY E. DONEY, LCSW-C

Lic. #14346, Maryland

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*Expressive artist, social worker, and poet dedicated to inspiring joyful living.*

## EXPERIENCE

### BetterHelp.com

04/29/2022 – present

990 Villa St, Mountain View, California

Provide psychotherapy in the state of Maryland to adults on the telehealth platforms BetterHelp and Pride Counseling (for the LGBTQ community).

### College Gallery Assistant

12/01/2019 - 6/30/21

Cecil College Art and Design Department  
107 Railroad Ave., Elkton, MD 21921

Curated and organized monthly art exhibits both in-person and online. Initiated a repeat exhibition called "Art Responds" as a way for artists to exhibit expressive art based on current events. Communicated with artists, faculty, and students about gallery business. Created social media posts and newsletters. Photographed artwork. Wrote press releases. Counseled students on career concerns.

### Art Instructor

2/11/2019 - 8/31/21

Cecil College, One Seahawk Dr., Elkton, MD 21921, (410) 287-1078

Taught beginning ceramics, drawing and summer art camps to youth of all ages, including special education students. Taught "Drawing from Nature" workshop to Cecil County, MD high school students. Assisted college-level students with disabilities in completing coursework.

### School-Based Therapist

12/2016 - 10/2017

Upper Bay Counseling and Support Services, 200 Booth St., Elkton, MD 21921, (410) 996-5104

Psychotherapy with at-risk students individually and in groups within the Cecil County public school system and at public parks and recreational facilities. Engaged in strengths-based social work to instill healthy behaviors, effective study habits, and adaptive relationship skills. Maintained confidential records. Offered guidance to school staff on responding to difficult behaviors and crisis situations. Coordinated behavioral health care with other agencies while following all local and federal regulations.

### Outpatient Therapist

6/2012 - 6/2015

Middletown Counseling Services, LLC, 401 N. Broad St., Middletown, DE 19709, (302) 376-0621

Psychotherapy with clients at a private practice. Taught mindfulness and meditation skills for wellness. Engaged in social work from a strengths-based stance to build effective personal skills in areas of educational success, substance abuse recovery, relationships, and self-care. Maintained confidential records and a low rate of insurance reimbursement denials.

### School-Based Therapist

11/2010 - 8/2012

The Counseling Center, 1103 Drummond Office Park, Newark, DE 19711, (302)-545-9059

Psychotherapy with a diverse population of students and adults within New Castle County. Taught creative journaling for self-expression. Engaged in strengths-based social work to build skills for stress management and substance abuse recovery. Maintained confidential records and coordination of care. Offered guidance to schools on managing difficult behaviors and crisis situations.

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## EDUCATION

<b>Associate of Arts</b> , Art and Design, Drawing and Painting Concentration Cecil College, 1 Seahawk Dr., Elkton, MD	5/2019
<b>Master of Social Work</b> , Family Mental Health Concentration Syracuse University, 340 White Hall Road, Syracuse, NY	5/1998
<b>Advanced Studies Graduate Certificate</b> , Women's Studies Syracuse University, 340 White Hall Road, Syracuse, NY	5/1998
<b>Bachelor of Arts</b> , History, Minor, Religious Studies, Magna Cum Laude Le Moyne College, 1419 Salt Springs Road, Syracuse, NY	12/1995

## PROFESSIONAL DEVELOPMENT

<b>Mindfulness Based Stress Reduction</b> with G. Ross Clark	4/2022
<b>The Power of Awareness Training</b> with Tara Brach and Jack Kornfeld	2/2022
<b>Hospice Volunteer Training</b> Accent Care (Seasons Hospice), Columbia, MD	9/2021
<b>Mindfulness in Integrative Healthcare</b> University of Minnesota on Coursera	9/2020
<b>Guided Imagery</b> University of Minnesota on Coursera	8/2020
<b>Healing with the Arts</b> University of Florida on Coursera	9/2019
<b>Advanced Training in Traumatic Stress Certificate</b> International Society for Traumatic Stress Studies (ISTSS)	6/2018

## ACTIVITIES and HONORS

<b>Hospice Volunteer</b> , Accent Care (Seasons Hospice), Columbia, MD	2021 - present
<b>Gallery Intern</b> , The Palette and the Page, Elkton, MD	Spring 2019
<b>Club Secretary</b> , Cecil College Art Club Collaborated with the Delaware Museum of Natural History to host a "Live Animal Sketch Night" at Cecil College.	2018 - 2019
<b>Owner</b> , Kalmia Hill Arts studio, Elkton, MD.	2015 - present
<b>Member</b> , Alpha Alpha Theta Honor Society	
<b>Multiple Awards</b> for Excellence in 2D Media at Cecil College	
<b>President's List</b> at Cecil College, multiple semesters	

## EXHIBITIONS and PUBLICATIONS

<b>Author of a book of poetry</b> , "What Flies Away", to be released in 2023 with Tivshe Publishing.	
<b>Illustration</b> for "The Black Seed", serialized mystery novel on Patreon.	February 2022
<b>Group Exhibition</b> , "Stupid Cupid" Cecil County Arts Council, Elkton, MD	February 2021
<b>Group Exhibition</b> , "Art Responds: Cecil United" Cecil College Online Gallery, Elkton, MD	November 2020
<b>Group Exhibition</b> : "7 Million Acres: Pride of Place" Street Road gallery, Cochranville, PA Also published in the exhibition book of the same name.	April 2019
<b>Group Exhibition</b> , "Emerging Artist Show" The Palette and the Page: Created paintings and photographs inspired by the ecosystem of the Piedmont region.	January 2019
<b>Multiple student exhibitions</b> , Cecil College Galleries, Elkton, MD	2015 to 2019

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## References

Susanne Rucker, BSW  
Manager - Volunteer Services and Community Outreach  
AccentCare Hospice & Palliative Care of Maryland  
*formerly Seasons Hospice & Palliative Care*  
Office: 410-689-7400 | Cell: 443-518-0488  
[srucker@seasons.org](mailto:srucker@seasons.org)

Mark Donohue, MFA  
Professor of Drawing and Painting  
Known since 2016  
Cecil College, North East Campus  
One Seahawk Drive  
North East, MD 21901  
(856) 266-6604  
[mdonohue@cecil.edu](mailto:mdonohue@cecil.edu)

Professor Lauren Vanni, MFA  
Professor of Art and Fine Arts Coordinator  
Known since 2016  
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